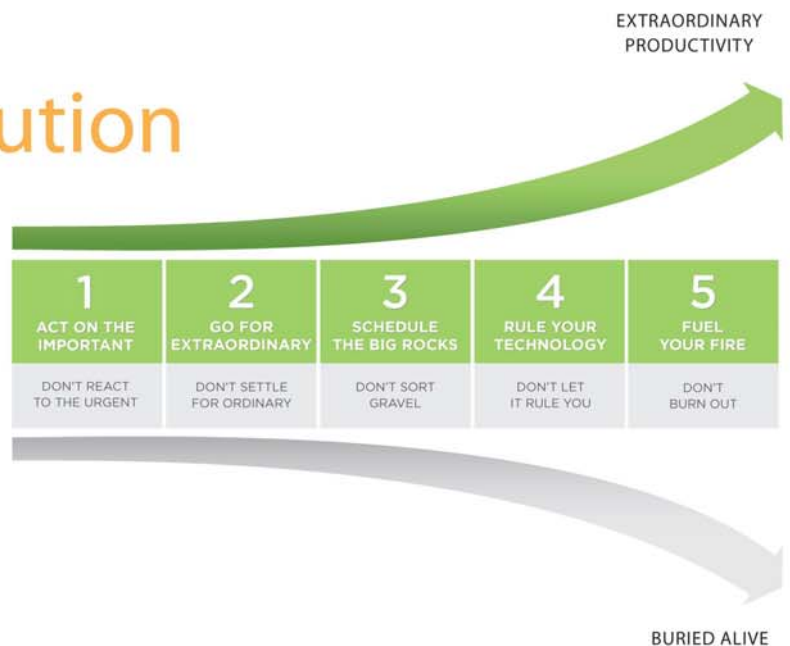


THE 5 CHOICES™

to extraordinary productivity

The 5Choices Solution

The 5Choices to Extraordinary Productivity process measurably increases productivity of individuals, teams, and organizations. Participants make more selective, high-impact choices about where to invest their valuable time, attention, and energy.



1 ACT ON THE IMPORTANT
don't react to the urgent

In today's world, people are drowning in email, overwhelmed with demands, and trying to do more with less. 5Choices participants filter the vitally important priorities from distractions so they can focus on making a real contribution.

2 GO FOR EXTRAORDINARY
don't settle for ordinary

Everyone wants to make a difference, but competing priorities often prevent them from achieving extraordinary results. 5Choices participants redefine their roles in terms of extraordinary results to achieve high-priority goals.

3 SCHEDULE THE BIG ROCKS
don't sort gravel

The crushing increase in workday pressures can make people feel helpless and out of control. 5Choices participants regain control of their work and lives through a cadence of planning and execution that produces extraordinary outcomes.

4 RULE YOUR TECHNOLOGY
don't let it rule you

An electronic avalanche of email, texts, and social-media alerts seriously threaten productivity as never before. 5Choices participants leverage their technology and fend off distractions by optimizing platforms like Microsoft® Outlook® to boost productivity.

5 FUEL YOUR FIRE
don't burn out

Today's exhausting, high-pressure work environment burns people out at an alarming rate. Applying the 5 Energy Drivers™, participants benefit from the latest in brain science to consistently recharge their mental and physical energy.

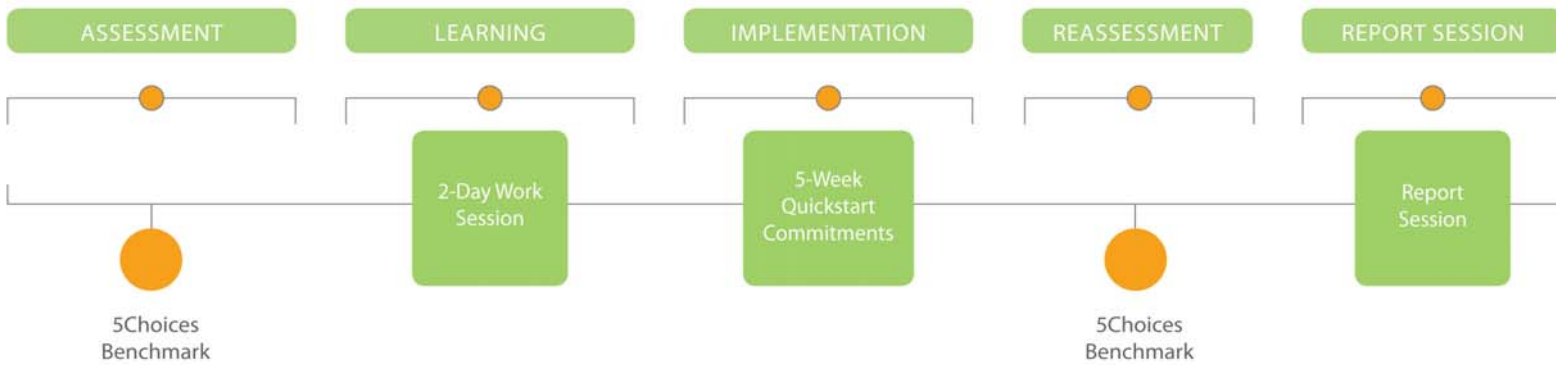
CHALLENGE

The barrage of information coming at us from multiple sources (e.g., texts, email, tweets, blogs, and alerts), coupled with the demands of our careers, are overwhelming and distracting. The sheer volume of information threatens our ability to think clearly and make wise decisions about what's important. If we react to these stimuli without clear discernment, we fail to accomplish the goals that matter most in our professional and personal lives.

SOLUTION

FranklinCovey's The 5Choices to Extraordinary Productivity solution inspires participants to apply a process that will dramatically increase their ability to achieve life's most important outcomes. Supported by science and years of experience, this solution not only produces a measurable increase in productivity, but also provides a renewed sense of engagement and accomplishment.

THE 5CHOICES PROCESS



5CHOICES WEBSITE
PARTICIPANT GUIDEBOOK
TECHNICAL GUIDE

THREE BONUS MODULES
(video-based mini-courses)
WILDLY IMPORTANT GOALS
OFFICE NIRVANA
BRAIN-CARE BASICS

5CHOICES PLANNER APP
THE 5CHOICES MONOGRAPH
TAKE-HOME TOOLS DVD
NOTEBOOK

REGISTRATION FORM

I would like to register for the 5 Choices Workshop On:

Date _____

Location: _____

Name : _____

Name : _____

Title : _____

Title : _____

Name : _____

Name : _____

Title : _____

Title : _____

Organization: _____

Address: _____

Phone: _____ Fax: _____ E-mail: _____

Method of Payment: Cash

Check Kindly make all checks payable to: Starmanship & Associates SARL

Signature: _____